

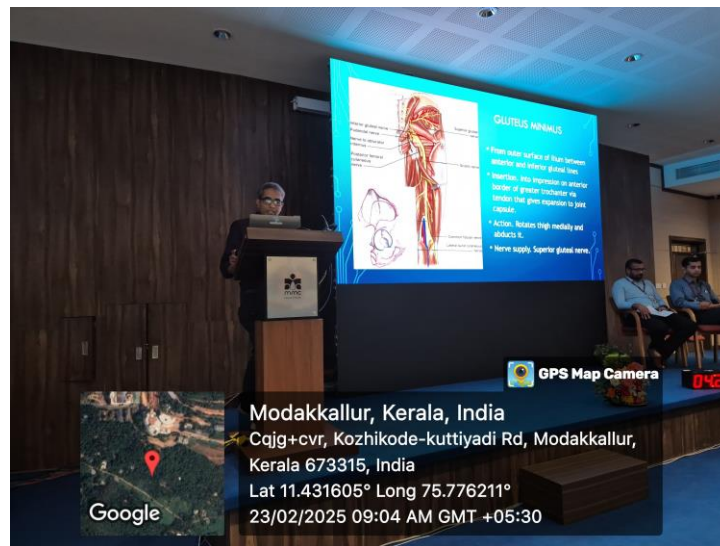
POTCON 2025

The POTCON VOL 6 – Basic Hip Arthroplasty Programme was held on February 23, 2025, at Sapphire Hall, Vallil Chathukutty Memorial Academic Block, Malabar Medical College. Under the guidance of Dr. M.K. Ravindran, the event was a well-structured and insightful academic session that seamlessly integrated theoretical knowledge with practical surgical demonstrations. The programme was divided into three key sessions.

Morning Session (08:30 AM - 09:40 AM): Fundamentals & Preoperative Planning

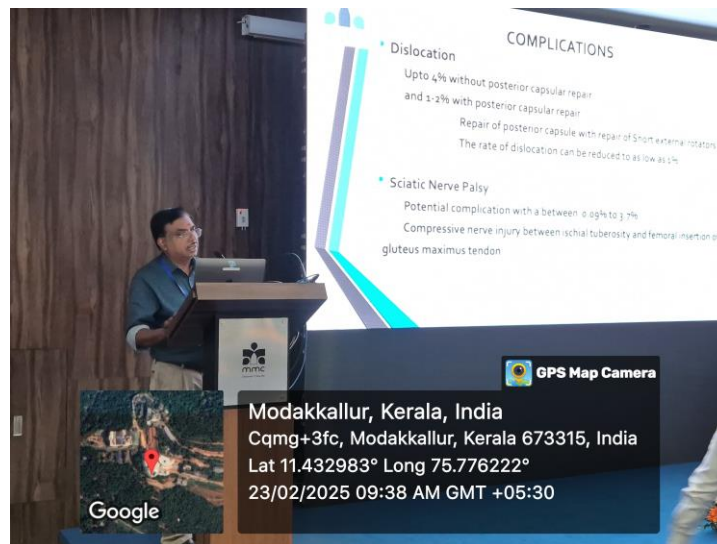
The event commenced with expert lectures on preoperative planning and surgical fundamentals, featuring:

- Dr. Rijesh P. – Hip Surgical Anatomy, a brilliantly structured class by Dr Rijesh, Secretary of POTCON which was the perfect foundation for the days lectures.



- Dr. Rajesh Purushothaman – Hip Biomechanics, A complex topic made easy by Dr. Rajesh Purushothaman
- Dr. Arun Radhakrishnan – Bearing Surfaces in THR, A dynamic talk by Dr Arun covering all the important aspects of the topic

- Dr. M.K. Ravindran – Approaches to the Hip by the Organizing Chairperson himself



- Dr. Muhammed Hasil M spoke about Preoperative Templating & Planning Strategies.

This was followed by Live Surgery 1 (09:40 AM - 11:10 AM), where Dr. Sameer Ali demonstrated the posterior approach to Total Hip Arthroplasty (THA).

Inauguration (11:10 AM - 11:20 AM)



The formal inauguration took place from 11:10 AM to 11:20 AM, marking the official commencement of the programme. The event was inaugurated by Anil Kumar (Chairman), emphasising the significance of continuous learning in orthopaedic advancements.



Midday Session (11:20 AM - 12:30 PM): Intraoperative Techniques & Challenges

The second session focused on intraoperative techniques and challenges, featuring lectures by:

- Dr. Rajanish R described the 360-degree View of the Acetabulum
- Dr. Jiss Joseph Panakkal spoke on Acetabular Positioning & Avoiding Instability
- Dr. Thadi Mohan Arthroplasty in Contralateral Hip & Knee Problems
- Dr. Abhinandan S. Punit presented about Leg Length Discrepancy in THA

A panel discussion (12:00 PM - 12:30 PM), led by Dr. Gopinathan P., explored strategies for managing complex intraoperative scenarios. This was followed by a lunch break from 12:30 PM to 01:10 PM.

Afternoon Session (01:10 PM - 04:00 PM): Advanced Techniques & Case Discussions

- Live Surgery 2 (01:10 PM - 02:40 PM): Dr. Abhinandan S. Punit performed the direct anterior approach to THA.
- Session 3 (02:40 PM - 04:00 PM): Expert lectures on advanced topics:
 - Dr. Prince Shanavas Khan did a vibrant talk on Hip Instability
 - Dr. Raju Karuppal spoke about Osteolysis in THA
 - Dr. Sibin Surendran spoke on Revision THA After Failed Hemiarthroplasty/PFN
 - Dr. Moidu Shameer presented about Femoral Revision Techniques

The session concluded with a panel discussion (03:20 PM - 04:00 PM), moderated by Dr. Sameer Ali, where experts shared insights on complex and challenging cases.

Conclusion

POTCON VOL 6 provided a comprehensive learning experience, covering both foundational and advanced aspects of hip arthroplasty. The combination of expert lectures, live surgical demonstrations, and interactive discussions enriched participants' understanding of complex surgical challenges.

For future editions, incorporating more interactive sessions, extended panel discussions, and emerging technologies such as robotic-assisted hip arthroplasty could further enhance the learning experience. Overall, the programme significantly contributed to advancing orthopaedic knowledge and surgical expertise, leaving a lasting impact on attendees.

